



Speed Reading Course

How would you like to increase your current reading speed by 2- 4 times while also improving your retention skills?

The one day Speed Reading program delivered by Preferred Training Networks is a custom designed course to help participants learn the skill of speed reading.

Participants are initially taught the skills of speed reading and then introduced to a strategy for effectively reading familiar material (usually supplied beforehand by you). Mind Mapping is introduced as a medium for organising and restructuring comprehension to assist with recall.

Did you know?

1. The average professional in Australia reads at a mere 200 words per minute.
2. John F Kennedy could read comfortably at 10,000 words per minute.
3. Theodore Roosevelt read 2-3 books a day while serving as president.
4. Research indicates that people read twice as slowly from a computer.
5. You are likely to read in excess of 7000 words today.
6. The fastest speed reader in the world reads at 25,000 words per minute

Skills gained from the course:

- Improve their current reading speed by 2-4 times.
- Improve concentration when reading work related material.
- Develop mind mapping skills to assist with clarity of understanding.
- Increase comprehension levels so that the information is retained.
- Improve memory and recall by applying the technical reading strategy.
- Save time by being able to assess the relevance of material prior to committing to a full read.
- Read and research information on the internet faster.
- Get on top of projects by accumulating information faster.

Why not go on line and check your current reading speed **FREE**? Go online to www.preftrain.com/our-services/speed-reading-test.php and take the test!

The Centre for Continuing Education has researched the possibility of running a Speed Reading Course in Wangaratta in Term 4 2008 however we require a minimum number of participants in order to cover the costs.

Contact Geoff Gilbert at The Centre for Continuing Education Inc. on 03 5721 0237 for further information or to register your interest in this course.